Student/Parent Referral and Consultation Guide

As a school counselor, I have a primary obligation to students, who are to be treated with dignity and respect as unique individuals. As a culturally responsive counselor, it is my responsibility to recognize my limitations and collaborate with supervisors and local agencies when additional support is needed. There may be times that I need to consult with a supervisor to identify potential cultural, religious, or worldview factors and power dynamics that may be present in order to maintain integrity and professionalism. This ensures equitable access to a school counseling program that promotes academic, career, and social/emotional development.

There may also be times a student needs services outside the scope of school counseling and resources are available for you and your student to choose the best source of assistance for your student. These resources within our community can be used to improve student achievement and success.

Please see the attached list for additional support services for health care, emergency assistance for food, shelter, and utilities, legal support, professional counseling resources, psychiatric services, mental health hospitalization, tutoring services, and clothing/house needs. In addition to these available resources, there is a social worker on-site at your school for additional support.

Both your school counselor and the social worker can assist you with contacting these resources and referring as needed. We are here to help you along every step of the process for seeking additional services for your student. **Please call your school counselor at 717-248-3933 with any questions.**

Mifflin County Food Resources

Mifflin County Assistance Office

Pennsylvania offers assistance and other services to people and families in need. You can submit applications and renewals at your local county assistance office drop box or online using COMPASS. Caseworkers are available at the county assistance office to help you and answer your questions in person or over the phone, if the office is closed to the public. (717) 248-6746

125 Riverside Drive Lewistown, PA17044

Salvation Army

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its missions is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

(717) 248-8338 9 South Dorcas Street Lewistown, PA 170844

Mother Hubbard's Cupboard

Mother Hubbard's Cupboard is a food bank that was originally developed by the Lewistown Ministerium and is currently a ministry of Saint Mark's Episcopal Church. It was established in the aftermath of Hurricane Agnes in 1972. The goal of the program is to provide food items for the residents of Mifflin County without regard to religious affiliation or status (717) 248-9383

21 South Main Street Lewistown, PA 17044

Evangel Baptist Church

(717) 242-2769 375 West Fifth Street Lewistown. PA 17044

WIC

WIC is a federally funded program for eligible pregnant, breastfeeding and post-partum women and their children under five years old. Their objective is to improve the nutritional status of every participant by providing nutritionally valuable foods to supplement diets during critical stages of growth and development in order to prevent health problems.

(717) 248-0175 99 North Juniata Street Lewistown, PA 17044

Trinity UMC

(717) 248-2602 428 South Main Street

Lewistown, PA 17044

Hand of Grace

(717) 248-4579 205 Washington Avenue Lewistown, PA 17044

New Life Church

(717) 242-1481 101 North Beech Street Lewistown, PA 17044

Sacred Heart

(717) 242-2781 9 North Brown Street Lewistown, PA 17044

Area Agency on Aging

(717) 242-0315 249 West Third Street Lewistown, PA 17044

Calvary Bible Church

(717) 248-5409 100 Calvary Lane Lewistown, PA 17044

First United Methodist Church

(717) 248-4618 200 East 3rd Street Lewistown, PA 17044

Parkview Brethren

(717) 248-1774 990 Parcheytown Road Lewistown, PA 17044

St. John's Lutheran Church

(717) 248-8780 120 North Main Street Lewistown, PA 17044

St. Mark's Episcopal Church

(717) 248-8327 21 South Main Street

St. Mark's Lutheran Church

(717) 543-5021 573 Alfarata Road Lewistown, PA 17044

West Kish Presbyterian Church

(717) 935-2337 3820 West Main Street Belleville, PA 17004

Juniata County Food Resources

Juniata County Food Pantry

The goal is to work with other community agencies to eliminate the possibility of any person in our community going hungry.

(717) 436-9718 114 North Main Street Mifflintown, PA 17059

Bread of Life – Thompsontown

(717) 567-3333 35 North Front Street Newport, PA 17074

Gita-Nagari Farm with Fresh Express

(717) 527-4101 Gita Nagari Road Port Royal, PA 17082

East Waterford Presbyterian

Church

(717) 734-3780 Main Street East Waterford, PA 17021

Faith UMC

(717) 734-3841 32 Main Street East Waterford, PA 17021

Mt. Zion UMC

(717) 732-1577 4685 Mt. Zion Drive

Richfield United Church of Christ

(717) 694-3310 5 Church Road Richfield, PA 17086

Thompsontown UMC

(717) 535-5337 7 West Main Street Thompsontown, PA 17094

Homeless/Emergency Housing Resources

Shelter Services Inc.

Our goal is help those facing a homelessness crisis and find renewed hope by providing compassion and shelter.

(717) 248-0102 13 Depot Street Lewistown, PA 17044

Brown/Big Valley Apartments

(717) 667-2671 74 Taylor Drive Reedsville, PA 17084

Goss Terrace

(717) 248-2624 26 Goss Terrace Lewistown, PA 17044

The Abuse Network

It is the mission of The Abuse Network, Inc., to assist and educate victims and community members about violence and abusive behaviors to promote a more peaceful, violence-free community. We serve victims of domestic violence, sexual violence, and interpersonal violence. (888) 810-2444

31 South Dorcas Street Lewistown, PA 17044

McVeytown Apartments

(717) 899-7367 277 West Holiday Street McVeytown, PA 17044

Kish Apartments

(717) 248-4301 196 South Main Street Lewistown, PA 17044

Mt. Rock Commons

(717) 242-2215 40 West Spanogle Avenue Lewistown, PA 17044

Housing Financial Assistance

Mifflin County Housing Authority

(717) 248-2624 141 South Pine Road Lewistown, PA 17044

Shelter Services Inc.

(717) 248-0102 13 Depot Street Lewistown, PA 17044

Weatherization Services

SEDA - COG (SEDA - Council of Government)

(570) 524-4491 Timberhaven, R D 1 Lewisburg, PA 17837

Energy Assistance

Mifflin Juniata Energy Bank

Energy Bank provides heat assistance to residents of Mifflin or Juniata County ineligible for Low Income Home Energy Assistance Program (LIHEAP) benefits. Services are tentatively available from November through the end of March. There is no income eligibility, but copayment based on income does apply. Residents ages 60+ are eligible for Energy Bank assistance regardless of receipt of LIHEAP benefits. Financial health, energy conservation, and weatherization information is provided.

(717) 437-3190 20 North Wayne Street Lewistown, PA 17044

Homeless Assistance Program

(717) 437-3190 20 North Wayne Street Lewistown, PA 17044

LIHEAP/Mifflin County Assistance Office

Juniata County Residents: (717) 436-2158 Mifflin County Residents: (717) 248-6746 1125 Riverside Drive Lewistown, PA 17044

Penelec

Warm (800) 207-9276 PCAP Program (Dollar Energy) (888) 282-6816

PPL

PPL OnTrack Program (800) 342-5775

UGI

UGI CAP Program (800) 844-9276

Community Resources Hotline

Pennsylvania 2-1-1

Dial 211

141 West Beaver Avenue State College, PA 16801

Helps individuals with finding basic human needs such as:

- Physical and mental health resources
- Employment support
- Support for children, youth, and families

Tutoring/Education Assistance

Mifflin County CareerLink

(717) 248-4942 6395 PA 103 #58

Lewistown, PA 17044

- GED classes (at CareerLink but offered through the TIU 11)
- Job searching assistance and career workshops
- Office of Vocational Rehabilitation (OVR)
- Representative from the state available 2 days per week

Huskies Helping Huskies

This is a FREE after-school resource available to ALL students. Held at Mifflin County High School on Tuesdays, Wednesdays, and Thursdays from 3:30pm to 4:30pm in Lab E in the Library. Teachers will be there to assist you with your work.

(717) 242-0240 501 6th Street Lewistown, PA 17044

Medical Insurance/Information

Assistance Office

(717) 248-6746 1125 Riverside Drive Lewistown, PA 17044

CHIP

(800) 543-7101 www.chipcoverspakids.com

Free Cell Phone Program

SafeLink Wireless

(800) 723-3546 www.safelinkwireless.com

Drug and Alcohol Services

Clear Concepts Counseling

Clear Concepts Counseling is a licensed outpatient drug and alcohol counseling agency that provides counseling services to addicted individuals. We provide services to adolescents (in school and in the office), adults, inmates, and families. We provide individual outpatient, intensive outpatient, and group counseling.

(717)242-3070

24 North Main Street

Lewistown, PA 17044

- 12-step meetings
- Domestic abuse intervention program
- Compulsive gambling services
- Marital/family counseling
- Psychological testing
- Intensive outpatient services
- Group meetings

Tri-County Drug and Alcohol Abuse Commission

If you or someone you love is experiencing difficulty with a substance use disorder, there is help available through the Juniata Valley Tri-County Drug and Alcohol Abuse Commission. Whether you are insured, underinsured or uninsured, we will get you the services you need to get on the path to recovery.

(717) 242-1446 31 South Dorcas Street, Suite D Lewistown, PA 17044

- Help with finding services
- Partial hospitalization
- Halfway house
- Inpatient non-hospital and hospital detoxification
- Methadone maintenance and Buprenorphine Treatment

Alcoholics Anonymous

(717) 242-1517 17 East Third Street Lewistown, PA 17044

Mental Health Case Management

Service Access Management

The mission of Service Access & Management, Inc. is to help people throughout our service area enhance the quality of their lives by effectively and efficiently managing and/or providing needed, accessible and individually satisfying human services.

(717) 242-0351 100 East Market Street Lewistown, PA 17044

Universal Community Behavioral Health

(717) 248-8197 25 Rothermel Drive Yeagertown, PA 17099

Mental Health Support Groups

New Ray of Hope Support Groups

(717) 248-1011 East Third Street Lewistown, PA 17044

Al-Anon

(717) 242-1517 17 East Third Street Lewistown, PA 17044

Brighter Visions Counseling

Brighter Visions Counseling is uniquely prepared to provide help with either mental health or addiction and substance abuse problems. Our staff is highly trained and has earned advanced degrees in mental health counseling as well as addiction psychology. They have also lived for many years in the local communities that we serve and are familiar with all types of resources. (717) 242-1428

27 North Brown Street Lewistown, PA 17044

Counseling Services

Universal Community Behavioral Health

(717) 248-8197 25 Rothermel Drive Yeagertown, PA 17099

Solutionz

(717) 953-9571 27 Sandy Lane, Suite 190 Lewistown, PA 17044

Dr. Richard Goss

(717) 248-1403 134 Highland Avenue Lewistown, PA 17044

Enlighten

(717) 437-9000 134 West Market Street Lewistown, PA 17044

Clear Concepts Counseling

(717) 242-3070 24 North Main Street Lewistown, PA 17044

Brighter Visions Counseling

(717) 242-1428 27 North Brown Street Lewistown, PA 17044

SunPointe Health

(814) 867-0670 320 Rolling Ridge Drive

Tri-County Drug and Alcohol Commission

(717) 242-1446 31 South Dorcas Street Lewistown, PA 17044

Life Counseling Services

(610) 422-3798 270 Walker Drive, Suite 108A State College, PA 16801

Pregnancy Services

Crossroads Pregnancy Center

(717) 242-0301 109 East Third Street Lewistown, PA 17044

WIC

(717) 248-5339 99 North Juniata Street Lewistown. PA 17044

Women's Health Services, Inc. Pinnacle Place

(717) 248-0175 (570) 809-4579 99 North Juniata Street 90 Lawton Lane Lewistown, PA 17044 Milton, PA 17847

State Health Center

Mifflin County State Health Center

(717) 242-1452 21 South Brown Street Lewistown, PA 17044

Juniata County State Health Center

(717) 527-4185 809 Market Street Port Royal, PA 17082

Clothing

Salvation Army

(717) 248-8338 9 South Dorcas Street Lewistown, PA 17044

Shelter Thrift Shop

(717) 248-0102 13 Depot Street Lewistown, PA 17044

Clothing Closet

(717) 242-2769 375 West Fifth Street Lewistown, PA 17044

Crossroads Pregnancy Center

(717) 242-0301 109 East Third Street Lewistown, PA 17044

Grace United Methodist Church

(717) 248-5311 101 Logan Street Lewistown, PA 17044

Recycled Baby

(717) 953-9822 625 Electric Ave. Lewistown, PA 17044

Goodwill

(717) 248-3174 224 North Logan Blvd Burnham PA, 17009

Dentists Who Accept Medical Assistance

Mifflin Juniata Dental Clinic

(717) 447-1898 31 South Dorcas Street

Dr. Deborah Fiume

(717) 248-6979 125 South Plaza Drive Lewistown, PA 17044

Dr. Gary Kistner

(717) 242-1515 30 Valley Street Lewistown, PA 17044

Dr. Latonya Pitts

(717) 248-9551 40 Chestnut Street Lewistown. PA 17044

Popernack Family Dental

(717) 667-2358 7776 PA-665 Reedsville, PA 17084

Dr. Douglas Ormsby

(717) 935-2295 4752 PA-665 Belleville, PA 17004

Children's Mental Health Services

Universal Community Behavioral Health

(717) 242-2283 (wrap-around services) (717) 248-8197 (family services) 25 Rothermel Drive Yeagertown, PA 17099

Juniata River Center

(717) 248-8540 (wrap-around services) 25 Rothermel Drive Yeagertown, PA 17099

Children's Behavioral Health

(717) 242-0299 (wrap-around services) 309 Valley Street

The Counseling Center

(717) 953-9418 20 Windmill Hill, Suite 1 Burnham, PA 17009

Wrap-around services are mental health services for children ages 3-18 in their home, school, or community. The focus is on behavioral needs of the children. This service is intended to help parents learn strategies to help the child with behaviors in the home and community

Legal Services

The Counseling Center

MidPenn Legal Services is a non-profit, public interest law firm that provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

(800) 326-9177 213-A North Front Street Harrisburg, PA 17101

Torquato & Davis Law LCC

Torquato & Davis Law, LLC practices in a wide range of legal areas including custody, divorce, criminal defense, civil litigation, and real estate. In the areas of estate planning and administration, the office can handle wills, trusts, power of attorney, living wills, guardianship and real estate transfers.

(717) 248-4976 127 W. Market Street Lewistown, PA 17044