# Competency Task List – Secondary Component Health Professions and Related Clinical Sciences, Other CIP 51.9999 High School Graduation Years 2022, 2023, 2024

### **100 Orientation and Safety**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
101	RESERVED		
102	RESERVED		
103	Identify course objectives.		
104	Follow clinical skill area rules and regulations.		
105	Follow professional dress code.		
106	RESERVED		
107	Differentiate between hospitals, long-term care agencies, and home health agencies as to their history, purpose, and their expectations of the health care professional.		
108	Follow clinical experience guidelines and procedures.		
109	Follow OSHA standards and Centers for Disease Control (CDC) standard precautions.		
110	Follow the Right to Know law and the importance of maintaining Safety Data Sheets (SDS) for all chemicals.		
111	RESERVED		
112	RESERVED		
113	Identify and follow the chain of command in an organizational structure.		
114	Follow safety and emergency procedures.		
115	Report nonfunctioning equipment.		

## 200 Legal and Ethical Issues

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
201	Identify client's advanced directives.		
202	Uphold confidentiality of records and information as required by HIPAA.		
203	Promote the client's right to make personal choices to accommodate individual needs.		
204	Practice professional standards for health care professionals.		
205	Apply legal responsibilities of the health care professional.		
206	Discuss ethical dilemmas as related to the health care professional.		

### **300 Communication**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
301	Practice effective communication.		
302	RESERVED		
303	Document objective and subjective observations using appropriate terms.		
304	RESERVED		
305	Communicate in a professional manner, according to the client's stage of development and cultural background.		
306	RESERVED		
307	Practice effective conflict management skills.		

### **400 Infection Control**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
401	Identify diseases, their mode of transmission, and use of transmission-based precautions.		
402	Follow hand hygiene protocols.		

403	Follow standard precautions and infection control in the health care facility.	
404	Explain blood borne pathogens, sharps disposal, and biohazards.	
405	Follow correct isolation and safety techniques in care of infectious clients,	
403	including use of proper personal protective equipment (PPE).	
406	RESERVED	
407	Perform basic cleaning and disinfecting of objects to prevent disease	
407	transmission.	
408	Explain how the immune system protects the body from infectious diseases.	
409	Don and doff non-sterile gloves.	
410	Sterilize contaminated objects.	

### 500 Reserved

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
501	RESERVED		
502	RESERVED		
503	RESERVED		
504	RESERVED		
505	RESERVED		
506	RESERVED		
507	RESERVED		
508	RESERVED		

## **600 Emergency Care and Disaster Preparedness**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
601	Perform cardiopulmonary resuscitation (CPR) and first aid.		
602	RESERVED		
603	Follow emergency response/crisis plan procedures in the facility.		

	Identify potential fire hazards and safety procedures, including rescue,	
604	alarm, contain, and extinguish (RACE) and pull, aim, squeeze, and sweep	
	(PASS).	

### 700 Human Needs and Human Development

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
701	Discuss human growth and development through the lifespan.		
702	Discuss cultural diversity.		
703	Identify psychosocial changes in the client.		
704	Assist clients in expressing their personal faith and religious beliefs.		
705	Provide care for sensory deprived (blind or deaf) clients.		

## 800 Body Mechanics, Moving, Lifting, and Positioning

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
801	Assist the client with dangling, standing, and walking.		
802	Transfer client from bed to chair and wheelchair and from stretcher to bed.		
803	Turn and position a client both in bed and in a chair.		
804	Discuss safety hazards, including slips, trips, and the risks of falls.		
805	Practice transferring, positioning, and transporting of a client with special needs, including bariatric clients.		
806	RESERVED		
807	Operate a mechanical lift in a laboratory setting.		
808	Discuss use of restraints and alternative measures of restraints.		
809	Utilize proper body mechanics.		
810	Demonstrate proper use of a gait belt.		

#### 900 Personal Care Skills

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
901	Provide privacy when delivering personal care.		
902	Assist the client to dress and undress.		
903	Assist the client with bathing and personal grooming, including the principles of hand and foot care.		
904	Observe and report condition of the skin.		
905	Administer oral hygiene for the conscious/unconscious client.		
906	Identify and discuss treatment of decubitus ulcers (bed or pressure sores).		

## **1000 Urinary Elimination/Bowel Elimination**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1001	Assist the client in toileting and bladder training.		
1002	Provide catheter care.		
1003	Provide perineal care.		
1004	Apply briefs.		
1005	Provide standard bedpan and fracture pan assistance.		
1006	Document patients fecal and urinary output.		

# **1100 Nutrition and Hydration**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1101	List principles of nutrition.		
1102	Investigate therapeutic diets.		
1103	Assist a client with eating meals.		
1104	Feed a neurological or sensory deprived client.		
1105	Measure and record intake and output.		

### 1200 Basic Clinical Skills

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1201	RESERVED		
1202	RESERVED		
1203	Measure and record a client's oral, axillary, rectal, and electronic temperature.		
1204	Measure and record a client's radial and apical pulse.		
1205	Measure and record a client's respirations.		
1206	Measure and record a client's blood pressure.		
1207	Measure and record a client's pulse oximetry.		
1208	Apply elastic stockings.		
1209	Make an unoccupied bed.		
1210	Make an occupied bed.		
1211	Measure and record height and weight.		
1212	Demonstrate proper handling of soiled linen.		
1213	Provide for the client's safe, clean, and comfortable environment.		

### 1300 Mental Health and Mental Illness

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1301	Discuss the various types of mental health disorders.		
1302	Use reality orientation techniques with the confused client.		
1303	Use communication skills and techniques with easily agitated or frightened clients.		
1304	Use skills/techniques with clients exhibiting repetitive behaviors.		

### 1400 Rehabilitation and Restorative Care

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1401	Assist the client with ambulatory and transfer devices, e.g., cane, quad cane, walker, crutches, wheelchair.		
1402	Perform range of motion exercises.		
1403	Recognize various assistive devices when assisting the client.		

# 1500 Death and Dying

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1501	Discuss personal feelings and attitude about death.		
1502	Explain how culture and religion influence a person's attitude toward death and the bereavement process.		
1503	Discuss the goals of hospice care.		
1504	Discuss the stages of dying.		
1505	Report the common signs of a client's approaching death.		
1506	Discuss the postmortem care of a client while maintaining the client's right to dignity and respect.		

## **1600 Medical Terminology**

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1601	Differentiate roots, prefixes, and suffixes in medical terms.		
1602	Define abbreviations used in medical documents.		
1603	Differentiate medical specialties.		
1604	Use medical language.		
1605	Use anatomical medical terms when discussing health and illness of the body.		

### 1700 Allied Health Skills

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1701	RESERVED		
1702	Maintain client records.		
1703	Complete manual filing skills and discuss use of electronic medical records (EMR).		
1704	Position client for specific examinations as indicated by physician.		
1705	Perform visual acuity test.		
1706	Demonstrate methods of collection, special handling and labeling of specimens.		
1707	Demonstrate the principles of an electrocardiogram (EKG).		
1708	Demonstrate blood glucose measurement using a glucometer, proper strips, and manufacturer glucose controls or standards.		
1709	Identify the importance of maintaining the client record.		
1710	Demonstrate the principles of admitting, discharging, and transferring a client.		

## 1800 Anatomy, Physiology, and Pathophysiology

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1801	Identify the basic structure of the human body.		
1802	Label body planes, directions, and cavities.		
1803	Identify the organs and explain the function of the respiratory system.		
1804	RESERVED		
1805	Identify disease processes of the respiratory system.		
1806	Identify the organs and explain the function of the circulatory system.		
1807	RESERVED		
1808	Identify disease processes of the circulatory system.		
1809	Identify the organs and explain the function of the integumentary system.		

1810	RESERVED
1811	Identify disease processes of the integumentary system.
1812	Identify the organs and explain the function of the muscular system.
1813	RESERVED
1814	Identify disease processes of the muscular system.
1815	Identify the organs and explain the function of the nervous system.
1816	RESERVED
1817	Identify disease processes of the nervous system.
1818	Identify the organs and explain the function of the digestive system.
1819	RESERVED
1820	Identify disease processes of the digestive system.
1821	Identify the organs and explain the function of the urinary system.
1822	RESERVED
1823	Identify disease processes of the urinary system.
1824	Identify the organs and explain the function of the reproductive system.
1825	RESERVED
1826	Identify the disease processes of the reproductive system.
1827	Identify the organs and explain the function of the lymphatic system.
1828	RESERVED
1829	Identify disease processes of the lymphatic system.
1830	Identify the organs and explain the function of the endocrine system.
1831	RESERVED
1832	Identify the disease processes of the endocrine system.
1833	Identify the organs and explain the function of the special senses.
1834	Identify the disease processes of the special senses.
1835	Identify the organs and explain the function of the skeletal system.
1836	Identify the disease processes of the skeletal system.

### 1900 Mathematics in Allied Health

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
1901	Use mathematics applications in healthcare.		
1902	Identify systems of measurements used in a clinical setting.		
1903	Identify and convert between measurement systems, including the metric system.		

# 2000 21st Century Interpersonal Skills

Item	Task	(X) Indicates Proficiency <sup>1</sup>	Secondary Course Crosswalk
2001	Develop relationships with a range of stakeholders clients, co-workers, external counterparts) who may represent a wide variety of cultural diversities.		
2002	Practice active listening skills to obtain and clarify information.		
2003	Exhibit ethical characteristics and behaviors.		
2004	Differentiate between productive and questionable ethical practices.		
2005	Describe and recognize discrimination and harassment/bullying behaviors.		
2006	Describe and recognize positive leadership qualities.		
2007	Display effective communication skills, including eye contact, handshake, professional attire, and positive professional body language.		
2008	Investigate stress management.		
2009	Exhibit ethical behaviors in telehealth medicine.		

<sup>&</sup>lt;sup>1</sup> Student Demonstrated Entry-Level Industry Proficiency as Indicated by (X)

Secondary CTE Instructor Signature	_ Date
Student Signature	Date